

Class descriptions:

Beth Brown-Reinsel

Danish Nattrøjer

Friday October 15, 2010 between 9am and 4:30pm (lunch 12-1:30pm)

The lovely women's "blouses" from 19th century Denmark, called "Nattrøjer", or nightshirts, were knitted of one color in knit/purl motifs. In this class, a small sweater will be knitted circularly compiling a variety of construction techniques: Split bottom welts, overlapping welts at the join, the half gusset as part of the body, "seam" stitches, transposing the pattern chart to change from circular to flat knitting, as well as a small version of the classic knit/purl pattern motif that was a part of so many of these garments. A discussion on designing and a brief slide show is included.

Skill Level: Intermediate- must be experienced at reading charts, and using double pointed needles.

Students Bring: 2 oz. worsted weight yarn (preferably wool). A light, solid-colored, smooth yarn is easier to see and to work with.

Size 3.75 mm double pointed needles, 7" long or shorter. *Optional: a 12" circular needle or, if you are familiar with the Magic Loop or working with two circular needles, you can bring the appropriate longer circulars.*

St markers, st holders, scissors, tapestry needle, sticky notes or magnetic board to keep your place on the chart.

Materials Fee: \$2.00 for Handouts

Norwegian Fana Cardigan

Saturday October 16 and October 17, 2010 between 9am and 4:30pm (lunch 12-1:30pm) The classic details and traditional construction of the Norwegian Fana Cardigan sweaters will be taught in this two-day workshop through the knitting of a small sweater. Techniques to be learned include circularly knitted body and sleeves, square and drop shoulder armholes, cut-and-sew armholes and front, knitted self-facings, button bands, and 2-color star, band, and checkerboard patterns. Designing one's own Fana cardigan will be discussed.

Skill Level: Intermediate (Experience with Double Pointed Needles and machine sewing is helpful.)

Students Bring: Students will need one sewing machine for every five students on the second day of class.



Materials Fee: \$2.00 for Handouts

Nancy Bush

Two – End Knitting/Tvåändsstickning

Friday October 15, 9AM-4:30PM

Travel to Sweden in this workshop! We will study the traditional technique of two end, or twined knitting, a special way to make mittens, gloves, socks and other warm and sturdy projects. Learn how to carry the two yarns, how to make interesting textures and how to add in colors - all while making a wonderful pair of mittens! Students should be familiar with using double point needles for this class.

Skill level: Intermediate

Students bring: Along with the usual knitting supplies, you will need to bring #2 (2.75mm) or #3 (3.50mm) double pointed needles.

Materials fee: Z twist yarn from Sweden, a small amount of a contrast color and handouts will be provided for a materials fee of \$25.00

Overture to Estonian Lace

Saturday October 16, 9AM-4.30PM

Estonia has a lace tradition spanning nearly 200 years. We will learn about their unique stitch patterns, special edging and corner treatments for a modern style lace edge along with some some very different ways of creating texture in lace.

Skill level: Intermediate

Students bring: Along with the usual knitting supplies, you will need to bring set of 5 US #3 (3.50mm) or US #4 (3.75mm) double point needles same sizes in 16" circular needle (optional) at least 4 stitch markers - one unique from the others, partial skein of dk or worsted weight cotton, G or H crochet hook, tapestry needle and optional metal board with magnets to keep track of your charts.

Material fee: Yarn and handouts will be provided for a materials fee of \$10 00.

Estonian Cuffs

Sunday October 17, 9AM-4.30PM

Estonian Mittens have VERY interesting and unique cuffs! The class will look at several different cuff treatments and learn how to use the techniques to create edges on more than mittens! We will practice some new ways of casting on and working textured stitches. The techniques learned in this exciting class can be applied to mittens, gloves, socks, and even sweaters!



Skill level: Intermediate

Students bring: Along with the usual knitting supplies, you will need to bring A set of 5 #2 (2.75mm) or #3 (3.50) double point needles, 8" long (you may bring circulars if you wish).

Materials fee: Yarn and handouts will be provided for a materials fee of \$20.00.

Britt-Marie Christoffersson

Two Colored Garter Stitch

Friday October 15, 2010 between 9am and 4:30pm (lunch 12-1:30pm)

When changing colors while knitting garter stitch there will be a mixture of the two colors on the wrong side rows, most often this is not what you want. But using it consciously can give a more interesting surface. This kind of garter stitch is repeated in four rows. Another way of knitting garter stitch with two colors without mixing the colors on purl rows is to knit one row with the first color and two rows with the other. This technique is repeated in three rows. The workshop introduces using these techniques for different patterns.

Skill Level: Intermediate

Students Bring: Knitting Needles of different sizes, paper and pencil

Materials Fee: \$10.00

Traditional Knitting with a Twist

Saturday October 16, 2010 between 9am and 4:30pm (lunch 12-1:30pm)

Approximately in the middle of Sweden, in the eastern part, you will find the county of Hälsingland. Knitted sweaters make up a very important part of the national costume. The most beautiful ones with lots of different patterns are the sweaters from Delsbo and Bjuråker.

This workshop will introduce the students how these patterns were knitted, which techniques were used and which colors. The result is a wristlet. Materials to make a pair will be available to buy.

Skill Level: Intermediate

Students Bring: US size 3 double pointed needles for knitting in the round

Materials Fee: \$15.00

The Haalkrus Technique

Sunday October 17, 2010 between 9am and 12

The Haalkrus Technique is first of all a technique for weaving but it once inspired a knitter to make something like it. The basis of this technique is slip stitches which causes the work to tighten. During this workshop the members will also try another way of knitting these kinds of patterns, to make the work become bubbly and wavy.

Skill Level: Intermediate

Students Bring: Knitting Needles of different sizes, paper and pencil

Materials Fee: \$10.00

Textured Stockinette using Slip Stitches

Sunday October 17, 2010 between 1.30pm and 4.30pm

Using slip stitches in combination with stocking and garter stitches gives quite subtle patterns because they depend on the building of shadows. Stitches slipped every second row become larger than the knitted ones. The students of the workshop will try knitting geometrical pattern: stripes, squares, triangles, and diagonals.

Skill Level: Intermediate

Students Bring: Knitting Needles of different sizes, paper and pencil

Materials Fee: \$10.00

Evelyn Clark

Icelandic Lace - Combine traditional lace patterns with new techniques to knit a triangular Icelandic lace shawl

Saturday October 16, 2010 between 9am and 4:30pm (lunch 12-1:30pm)

Icelandic lace shawls are wonderfully wearable and fun to knit. Also, since the stitch patterns are simple, the knitter can focus on colors—traditional or contemporary. During the class we will look at the Nordic Heritage Museum's fabulous collection of Icelandic lace and talk about its traditional characteristics. We'll discuss how the designs probably evolved, and look at the characteristics of wool from Icelandic sheep.

Tips will be given on how to read charts for traditional lace stitches. Students can knit a small shawl to practice a provisional cast-on, a sewn splice to change yarn colors, and a chained crochet cast-off. The pattern later can be used to knit a full-size shawl.



Skill Level: Intermediate

Students Bring: 1) Shetland/sport/DK weight yarns in 2 or more medium to light colors
2) Knitting needles (regular and double-pointed) in size to get gauge of 18 sts to 4" (10cm) in Stockinette stitch
3) Usual knitting supplies, including sharp-pointed sewing (chenille) needle with eye large enough for yarn
4) Optional: graph paper and pencil to practice charting lace

Materials Fee: None

Icelandic Lace Wrist Warmers

Sunday October 17, 2010 between 9am and 4:30pm (lunch 12-1:30pm)

Icelandic lace is interesting and fun to knit. Three traditional lace patterns are used to create wrist warmers that are knit in the round. They can be knit in many colors or one and in traditional naturals contemporary brights. During the class we will look at the Nordic Heritage Museum's fabulous collection of Icelandic lace and talk about its traditional characteristics. We'll discuss how the designs probably evolved, and look at the characteristics of wool from Icelandic sheep.

Tips will be given on how to read charts for traditional lace stitches. Students can knit a wrist warmer to learn three lace patterns, change colors, and cast off with picots. The pattern later can be used to knit a variety of wrist warmers.

Skill Level: Intermediate, must be able to knit in the round

Students Bring: 1) Shetland/sport/DK weight yarns in 1 to 3 colors
2) Set of 5 double-pointed needles in size to get gauge of 24 sts to 4" (10cm) in Stockinette stitch
3) Usual knitting supplies
4) Optional: graph paper and pencil to practice charting lace

Materials Fee: None

Carol Rhoades

Finnish Rya Mittens

Friday October 15, 2010 between 9am and 4:30pm (lunch 12-1:30pm)

Several knitting traditions have developed ways to line mittens as an extra barrier against the cold. Finnish Rya mittens are related to Rya rugs – both use strands of yarn knotted in as a shag. In this



workshop, you'll learn how to knit in the shag with a pattern on the outside of the mitten or so it is almost invisible. The mittens have a doubled cuff -- you will learn how to make a provisional cast-on, knit the lace, and join the two layers before working the single layer of the mitten hand. Next, you'll get a choice of patterns for the shag and tips on how to secure it. You'll learn typical Finnish mitten top and thumb shaping as well as finishing techniques. Time permitting we will also try one or two other methods of mitten linings. You will knit a sampler size mitten in class and receive guidelines for a full-sized mitten.

Skill Level: Students should be able to cast on/bind off, knit/purl, basic increases and decreases, knit in the round

Students Bring: 1- 50 g ball of smooth, solid color, wool sport-weight yarn. I recommend Rauma Finull, Dale Heilo or Shetland jumper weight. About 10-15 yards wool or wool blend contrast color yarn to cut up for shag. For both yarns, no super wash please! 2 yards smooth cotton sport-weight yarn for provisional cast on. Sets of dpn (or two circulars or long "Magic Loop" circular) US size 2 or 3 (2.75 or 3.25 mm) + needles 1 size smaller for ribbing if desired; pair of scissors; crochet hook US size C. Knitting accessories such as tapestry needle, row marker, notepaper and pen.

Materials Fee: \$5.00 per student which includes Bibliography and charted patterns (basic mitten patterns and charts)

A Finnish Medley of Knitting Stitches and Techniques

Saturday October 16, 2010 between 9am and 4:30pm (lunch 12-1:30pm)

Every knitting culture has its own special versions of stitches and techniques. In this workshop, we will sample several ways of casting on for a looped fringe and wrapping yarn for a fringe "fur tape" edging. Students can then choose one of these edges for a sampler (can be a wrist warmer if desired) with double purl, wrapped, and twisted braid stitches. The instructor will present a slide program on traditional and contemporary Finnish knitting. We can also learn a few key Finnish knitting words.

Skill Level: Students should be able to cast on/bind off, knit/purl, basic increases and decreases, knit in the round

Students Bring: 1- 50 g ball of smooth, solid color, wool sport-weight yarn + 2 balls contrasting colors. I recommend Dale Heilo or Rauma Finull. A few yards matching color crochet thread or fingering weight wool to secure to fur tape. Sets of dpn (or two circulars or long "Magic Loop" circular) US size 2 or 3 (2.75 or 3.25 mm); crochet hook US size A or B. Knitting accessories such as tapestry needle, row marker, notepaper and pen.

Materials Fee: \$5.00 per student which includes Bibliography, technique instructions, and template for wrapping "fur tape."

Binge Knitting from Southern Sweden

Sunday October 17, 2010 between 9am and 4:30pm (lunch 12-1:30pm)

“Binge” is a term for knitting in the southern province of Halland in Sweden. In 1907 a cooperative was formed to standardize and market items knit in traditional Halland patterns, including abstract floral designs, small geometrics and pheasants. Usually knit in various combinations of white, red and blue, the garments ranged from mittens, caps, socks, and sweaters to ponchos and even bathing suits. In this class, you’ll learn about the history of Halland knitting and its construction techniques as you knit a wrist warmer or small mitten. You will have several designs to choose from or you can design your own mitten if you are a more advanced knitter.

Skill Level: Students should be able to cast on/bind off, knit/purl, basic increases and decreases, knit in the round; two-color experience recommended but can be learned in class

Students Bring: - 1 50 g ball white, plus one or two other colors (red or blue recommended), of smooth, solid color, wool sport-weight yarn. I recommend Rauma Finull or Dale Falk or Heilo. Sets of dpn (or two circulars or long “Magic Loop” circular) US sizes 2 + 3 or 4 (2.75 + 3.25 or 3.5 mm)

Knitting accessories such as scissors, tapestry needle, crochet hook, row marker, notepaper and pen.

Materials Fee: \$5.00 per student for bibliography and charted patterns (basic wrist warmer and mitten patterns and charts)

Ruth Soerensen

Moensterstrik, Teknik og Design (Stranded Knitting: Designing with Multi-colored Yarn)

Friday October 15, 2010 between 9am and 4:30pm (lunch 12-1:30pm)

In this class you will have the possibility to work with your own design of motifs.

The idea is to take off from traditional stranded knitting and put your individual touch into it.

As basic you can work with solid coloured yarn but in the class you will see how you can use multicoloured yarn and add something more to the design in an easy way.

Skill Level: Knowledge of Stranded Knitting will be appropriate

Students Bring: Double pointed needles size 3 or 3½ mm, Yarn – one colorway of multicoloured yarn or at least 2 different colors if you work with solid colored yarn (Shetland, Kauni, Evilla or similar qualities) and normal knitting accoutrements.

Materials Fee: \$2 for hand-outs.

Designing and using Steeks for Shawls



Saturday October 16, 2010 between 9am and 4:30pm (lunch 12-1:30pm)

For many years it has been common – specially related to traditional Norwegian and Shetland knitting – to knit stranded knitting in a round to avoid the difficult stranding when you purl on the wrong side. Many knitters are a little afraid of cutting the knitting. In this class you will try to do that in small swatches and see how you can use the old technique in new designs of triangular and squared shawls.

Skill Level: Knowledge of Stranded Knitting will be appropriate

Students Bring: Double pointed needles and a short (about 40 cm) circular needle all size 3 or 3½ mm Yarn in at least 2 different colors (Shetland, Kauni, Evilla or similar qualities) and normal knitting accoutrements.

Materials Fee: \$2 for hand-outs.

Antique Beaded Wristlets

Sunday October 17, 2010 between 9am and 12pm and Sunday October 17, 2010 between 1:30pm and 4:30pm

In the class you will knit a small swatch to try the technique of adding beads to your knitting. Later in the class you will have opportunity to start knitting a copy of an old wristlet from an old pattern and see how to make your own designs.

Skill Level: For both beginners and experienced knitters.

Students Bring: The students bring knitting needles size 2½ and normal knitting accoutrements. Supplies for swatches are available in the class for free.

Materials Fee: Yarn and beads for the antique wristlets are available in the class for \$12.00